

HEALTH MATTERS



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Third Quarter 2021

PrimaryOne Health's newsworthy information

Building Trust To Better Serve: Our Patients, Partners and Community

By Charleta B. Tavares, CEO



PrimaryOne Health has worked diligently and collaboratively to address the COVID-19 myths, fears, patient and staff vaccine hesitancy, quarantines, lack of Personal Protective Equipment (PPE), staff shortages, and the myriad of issues that the pandemic has uncovered. Through it all, we have prevailed because the Board and Senior Leadership Team have worked together to plan, execute, review and adjust our Contingency Plan.

Our entire PrimaryOne Health Team has

worked together with our partners in the community to provide COVID-19 testing (more than 34,000), vaccines (13,000+) and pop-up partner events (51+) as of the end of September. We have worked with our local health departments (Columbus, Franklin and Pickaway Counties), community hospitals and health centers, human services agencies, housing, first

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responders, schools, and faith-based organizations to provide these critical COVID-19 services and primary care.

During the previous year we were fortunate to receive funding from the Federal CARES Act to purchase Mobile Health Centers to go out into the communities who had

significant barriers to care and to meet and serve them where they live, work, pray and play. We branded our Mobile Health Centers with our motto, "Driving Good Health To You!" to drive our goal and organizational expectation. We used our successful and appreciated Produce Giveaways in partnership with the Mid-Ohio Food Collective to provide COVID-19 vaccines and testing to build trust and answer questions about the virus. PrimaryOne Health worked with other trusted community sources to host pop-up events at locations and organizations where the people regularly visit, trust and have a relationship with their teams.

We will continue to roll out our Mobile Health Centers to vaccinate, test and provide primary care to improve the health and wellbeing of our community residents. If you are interested in partnering with us to schedule COVID-19 testing, vaccine and flu shots and/or primary care, please contact Jamelle Pitts at Jamelle.pitts@primaryonehealth.org.



7th Annual Healthcare Justice Awards



2021 HEALTHCARE JUSTICE AWARDS™

Advancing Diversity in Healthcare

On behalf of the Board of Directors and staff of PrimaryOne Health, we invite you to be a part of our **7th Annual Healthcare Justice Awards** luncheon. The event will take place on **November 4th**, from 11:30 a.m. to 1:00 p.m. at the Marriott Columbus University Hotel, 3100 Olentangy River Rd. To purchase your ticket(s) or become a sponsor visit www.primaryonehealth.org.

This year's event will support the new Healthcare Justice Scholarship Fund for racial, ethnic and cultural under-represented populations who are entering or advancing in healthcare professions. We will honor individuals and partners in our community who are eliminating health disparities, expanding access to healthcare and wellness services, and breaking down cultural and social barriers to quality healthcare.

Our Healthcare Justice Award honorees include Council member Priscilla R. Tyson and Tina Vamos, PrimaryOne

Health Site Manager.

Councilwoman Priscilla Tyson has been selected as the 2021 Community Healthcare Justice Award recipient. As a member of Columbus City Council since 2007, she has championed job creation, economic development, safety, and improving the quality of life for Columbus residents. She has focused on addressing the social determinants of health, the health and wellbeing of Black Girls and eliminating health inequities. She chairs the Health and Human Services, Workforce Development and Zoning Committees. She has also been a champion for Sickle Cell Anemia and other diseases and illnesses that disproportionately impact people of color.

Tina Vamos has been selected as the 2021 Internal Healthcare Justice Award recipient. Tina has been with PrimaryOne Health since 2014 and is the site manager for both the 1905

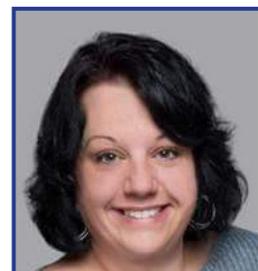
Parson's Avenue and the 3781 South High Street health centers. She is a tireless advocate for her patients, team and the Southside Community. She is a trusted and committed team member who will not ask others to do what she is not willing to or has done herself.

The money raised from this event will establish our Healthcare Justice Scholarship Fund at the Columbus Foundation to educate and grow the number of health professionals from under-represented racial, ethnic and cultural communities. We are taking action to grow the clinicians that represent the demographics of our patients and communities.

For more information, make a contribution or attend the event, please visit our website www.primaryonehealth.org or susan.brewer@primaryonehealth.org.



Priscilla R. Tyson
Columbus City
Councilmember



Tina Vamos
Site Manager



Addressing Health Disparities in the LGBTQ+ Community

The LGBTQ+ Advisory Subcommittee at PrimaryOne Health consists of PrimaryOne staff of all backgrounds and disciplines. The goal of the LGBTQ+ Advisory Subcommittee is to increase awareness and inclusion for LGBTQ+ patients. Establishing this subcommittee creates a safe, inclusive environment to allow patients to talk openly with their practitioners about any of their health concerns, as well as be connected with appropriate services.

Established in 2019, the subcommittee has provided staff education on LGBTQ+ health disparities, collaborated with community partners and worked to increase services offered to LGBTQ+ patients. One of the ways the committee has increased awareness of issues faced by LGBTQ+ individuals is by focusing on health concerns that are pertinent to each of the specific communities. To kick off Pride Month, PrimaryOne Health started with the

letter "L", which stands for Lesbian. According to glaad.org, a lesbian is a woman who is physically, romantically, and/or emotionally attracted to other women. Some lesbians may prefer to identify as gay (adj.), or as gay women. Avoid identifying lesbians as "homosexuals," as this can be considered a derogatory term.

There are several common mental health concerns that affect the lesbian population. Research has found that lesbians are more likely to use tobacco, alcohol, and substances than heterosexual women (Institute of Medicine, 2011). It is suspected that this is due to an increase in stress from homophobia, sexism, discrimination, and psychological aggression. This increase in stress, coupled with the lack of acceptance and/or support, is also associated with higher rates of depression and anxiety in the lesbian population (Institute of Medicine, 2011).

Along with mental health concerns, there are significant physical health disparities faced by the lesbian population. Research shows that lesbians have higher obesity rates than heterosexual women, which can increase their risk of developing heart disease. Additional health concerns for lesbians include an increased risk of developing HPV (Human Papillomavirus), breast cancer, and/or gynecological cancer due to lesbians being less likely to get screening exams (Poteat, 2012). PrimaryOne Health, can help reduce these health concerns for patients by offering regular screenings and preventative health services.

By offering a safe and inclusive health environment for LGBTQ+ patients to disclose any health risk factors, the organization can increase access to services for all patients and residents in Central

COVID-19 Vaccine/Testing Update



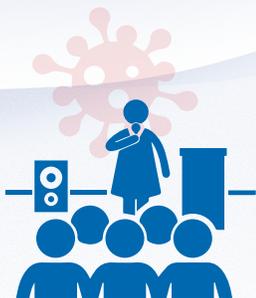
COVID Tests

34,033



Total Doses Vaccines

13,215



Number of COVID Vaccine & Testing Events

51



100%

Percentage of Patients who are glad they received the COVID 19 Vaccine

*Data as of Sept.2021

Board Member Spotlight: Dustin McKee



CEO of the organization.

In 2020 when McKee was tapped to serve on the Board of Directors, he was familiar with PrimaryOne Health and its service lines, including Behavioral Health which was expanding and committed to serving the behavioral health needs of racial, ethnic and cultural patients. As a Director, he serves on the Clinical Services Committee, which is responsible for evaluating programs in accordance with all funding guidelines, monitoring quality and efficiency of the provision of clinical care, and recommending to the Board the credentialing and re-credentialing of practitioners.

Day-to-day, Dustin is the Executive Director of the Make-A-Day Foundation. The foundation is a non-

profit organization that provides outreach to Columbus' homeless population and empowers "the impoverished through inclusive community events, acts of kindness, advocacy, educational awareness" and building relationships with community members.

Make-A-Day hosts block party styled pop-up events which include dental services, haircuts, complimentary meals, smart justice services and health and human services. PrimaryOne Health's Community Health Outreach Workers (CHOWs) participate in Make-A-Day pop-ups, assisting individuals with signing up for Medicaid and offering Lyft services to get to and from health appointments. This partnership leads to overall improvement in PrimaryOne Health's patient health and wellness.

Before Dustin McKee joined the PrimaryOne Health Board of Directors, he had a long history of working as an advocate for people with disabilities, children, and people with mental illness. When PrimaryOne Health Chief Executive Officer Charleta B. Tavares was a member of the Ohio General Assembly, McKee often lobbied on behalf of underserved and marginalized populations, So he was familiar with the

Driving Good Health To You!

PrimaryOne Health's new Mobile Health Centers (MHC) have been dispatched to local organizations and neighborhoods providing COVID-19 testing, vaccines and primary care.

The COVID-19 virus and subsequent Delta variant is once again surging throughout communities in Ohio and continues to disproportionately effect racial and ethnic populations. The Mobile Health Centers allow us to provide services directly to underserved and underrepresented communities in Franklin and Pickaway Counties. To date, PrimaryOne Health has provided more than 34,000 COVID-19 tests and more than 13,000 vaccines. To check the location of our Mobile Health Centers visit www.primaryonehealth.org or follow us on Facebook.

View July-September, Outreach Events Here:

<https://www.primaryonehealth.org/events/>



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Mission: To provide access to services that improve the health status of families, including people experiencing financial, social, or cultural barriers to health care.



This health center is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

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